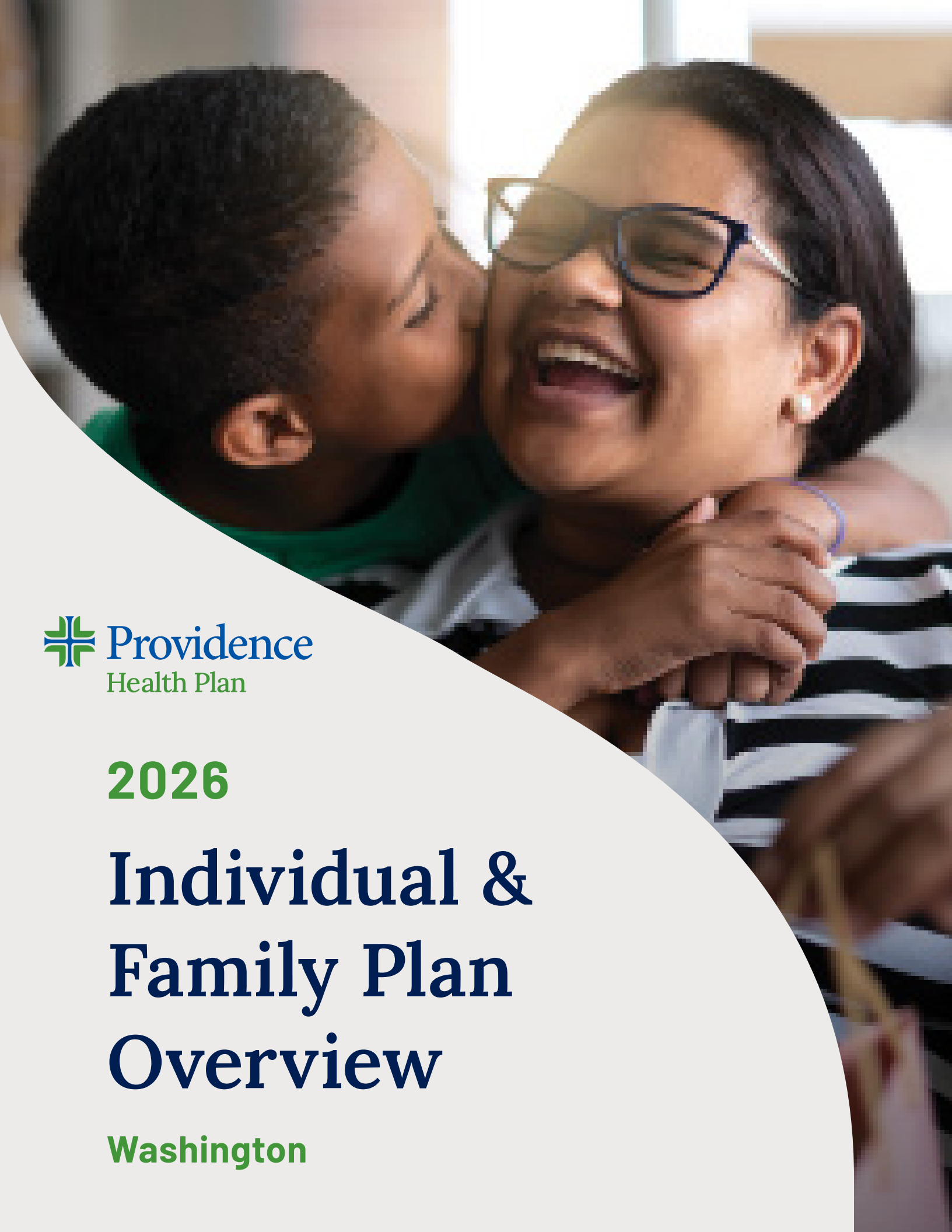

Providence
Health Plan

2026

Individual & Family Plan Overview

Washington

Providence Health Plan

Health For All

For more than 160 years, our non-profit healthcare collective has set the health and well-being standard for the community. Our commitment isn't solely about treating sickness, it's about investing in health. This means we intervene earlier, improve outcomes and better the health of the entire community.

As an integrated system, we utilize the strength of Providence's outstanding network of clinics, hospitals and doctors, and match that with Providence Health Plan's flexibility, affordability, and excellence in benefits and service — to create a truly, differentiated member experience.

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Things to know as you consider your coverage

This booklet offers an overview of our Individual & Family plans, which are subject to change every year. For more information about plan benefits and enrollment requirements, limitations, and exclusions, see the plan contract, or contact our sales team or your agent or broker. To view the Summary of Benefits and Coverage (SBC), visit ProvidenceHealthPlan.com/SBC.

When to apply

Apply directly through Providence Health Plan during the Open Enrollment Period from November 1, 2025 through December 15, 2025 for a January 1, 2026 Effective Date of Coverage. If you apply from December 16, 2025 through January 15, 2026, you will have a February 1, 2026 Effective Date of Coverage. After the Open Enrollment Period ends, you must have a qualifying life event to enroll during a Special Enrollment Period. You can apply for and get health insurance coverage during a Special Enrollment Period if you experience an involuntary loss of minimum essential coverage except for failure to pay the premium or experience certain life events, such as marriage or adoption. For more information and a list of Qualifying Events, visit **ProvidenceHealthPlan.com/QE**.

Qualifying event effective dates

During a Special Enrollment Period, the Effective Date of Coverage is determined by the Qualifying Event as well as Providence Health Plan's receipt of the initial premium. If the qualifying event is birth, adoption, placement for adoption or foster care of a child, or a court order, coverage will be effective from the date of the event. If you would prefer a prospective effective date, please call Member Services at **888-816-1300 (TTY: 711)** for further instructions. All other Qualifying Events will be effective on the first day of the month following Providence Health Plan's receipt of your completed application.

Eligibility

To purchase one of our plans, you must live in the service area and be a resident of the state of Washington. Someone who is entitled to Medicare Part A and/or enrolled in Medicare Part B is not eligible to enroll in a Providence Health Plan Individual & Family plan.

Application and premium payment dates

To apply directly through Providence Health Plan, visit **ProvidenceHealthPlan.com/ShopWA** to use our online shopping and enrollment tool. At the time you submit your online application, you will be directed to submit your initial premium payment.

Monthly premium payment information

After you have enrolled, your monthly premium payment is due on the first of each month. Providence Health Plan encourages you to visit **Providence.org/PremiumPay** to set up a recurring payment arrangement through the Providence Health Plan electronic payment system.
Please note: Providence Health Plan does not accept any premium payments made by an employer or a third party except as permitted by state or federal regulation.

Key health insurance terms

See our online Glossary at **ProvidenceHealthPlan.com/Glossary** for explanations and definitions of health insurance terms.

Notice of privacy practices

Visit **ProvidenceHealthPlan.com** to learn about Providence Health Plan's privacy practices. You may obtain a copy of our Providence Health Plan notice of privacy practices by visiting **ProvidenceHealthPlan.com/NOPP** or by calling customer service at **800-878-4445 (TTY: 711)**.

Benefit Highlights

No referrals

Providence Choice Network plans do not require referrals for in-network specialist visits, providing easier access to the care you need.

Covered in full benefits

Providence ExpressCare clinic and virtual visits are covered in full. Access same-day in-person appointments or connect to care within minutes using a tablet, smartphone, or computer.

Alternative care coverage

All plans offer chiropractic manipulation (10 visits per calendar year), acupuncture, and massage therapy (10 visits per calendar year) along with alternative care. You can see a naturopath or other alternative care providers for covered benefits, including periodic exams and well-baby care. These services are covered at the same rate as they would be for a primary care provider, as long as the alternative care provider is licensed to perform the services.

Secure member portal

myProvidence provides on-demand access to personalized health plan information using a tablet, smartphone, or computer. It's also where members can access tools and resources to help you manage and make the most of your healthcare coverage and benefits.

myProvidence.com is where members can:

- View claims information and explanation of benefits (EOBs)
- Monitor progress toward your deductible and out-of-pocket maximum
- Search for an in-network provider using the provider directory
- Print replacement ID cards

Pharmacy cost savings

Looking for ways to save? On certain plans, when ordering a 90-day supply of prescription drugs through mail order, the cost will be the same as a 60-day supply. Applies to tiers 1–4 only.

Care Options

With several options to choose from, you can get the care you need - at home or in person - anytime, anywhere.

Primary Care

Visit your Primary Care Provider (PCP) to build a relationship and establish a personalized health history. If you need a primary care provider, visit **myProvidence.com** and select "Find a Provider" after logging in. Then choose "Primary Care Providers." If you do not select a primary care provider, one will be assigned to you.

Telehealth (Phone or Video Appointment)

Arrange a phone appointment to talk with your provider from wherever you are. Schedule a visit with your PCP or specialist using a video conferencing platform such as Zoom. Call your provider to confirm they accept this option.

24/7 Nurse Advice Line

Speak with a registered nurse anytime, any day. It's an easy first step when you have symptoms and you want to know if you need face-to-face care. Have your member ID number available and call **800-700-0481**.

ExpressCare Virtual

Talk with a provider from anywhere using your tablet, smartphone, or computer. This is a great option for prescriptions and treatment that doesn't require hands on care. Available nationwide. To get started, visit **Providence.org/Services/ExpressCare-Virtual**.

ExpressCare Clinics

Find a same-day in-person appointment or walk-in where available. Treat common conditions like a cold, sore throat, or allergies. Most clinics are open from either 7 a.m. to 7 p.m. or 8 a.m. to 8 p.m. (Pacific Time). To find a location and schedule an appointment, visit **Providence.org/ExpressCare**.

Urgent Care

Urgent care is where you turn when you can't wait for a primary care appointment for minor issues like a sinus infection, cuts, burns and sprains. To find an urgent care clinic, login to **myProvidence.com** and select "Find a Provider." Then choose "Find a Service or Place; Urgent Care Clinic."

Emergency Care

Call 911 or go to the nearest emergency room if you think your life is in danger. This includes symptoms such as a suspected heart attack, severe abdominal pain, or loss of consciousness.

> **For more information, visit**
> **ProvidenceHealthPlan.com/Care-Options.**

Behavioral Health Suite of Services

Offering you more ways to access the care you need.

At Providence Health Plan, we understand that behavioral health isn't a one-size-fits-all solution. Every person is unique. That's why we offer a variety of services that can help you feel supported and achieve positive outcomes.

Here's a quick look at our suite of offerings:

Resources for Improved Well-Being	Telehealth/Virtual	
Low Symptom Severity		
LifeBalance Save on massage therapy, yoga, meditation, recreational and cultural activities, and more. **ProvidenceHealthPlan.com/LifeBalance**	**Behavioral Health Concierge** Virtual appointments with licensed behavioral health clinicians within 7 days. *Available to eligible members in OR, WA, CA, ID, MT, and TX.* **Providence.org/BHC** **Talkspace** Virtual psychotherapy for ages 13+ provides access to therapy and psychiatry* through text, call, or video, with help available within 48 hours. **Talkspace.com/ProvidenceHealthPlan**	**Equip** Virtual eating disorder treatment using family-based treatment (FBT), matched with a multi-disciplinary team, for ages 6+. **Equip.health** **charlie health** Virtual intensive outpatient program (vIOP) for ages 11-30 offers group, family, and individual therapy sessions. **CharlieHealth.com**

*Psychiatrists have the ability to prescribe medication.

For more information, visit **ProvidenceHealthPlan.com/BehavioralHealth**

Our services in action

Talkspace

80%

found Talkspace to be as effective or more effective than traditional therapy

Behavioral Health Concierge

42%

of members would not ask for help without this service

Equip

81%

of patients are seeing improvement in eating disorder symptoms

Charlie Health

60%

depression symptom reduction

Broad Clinical Network

Behavioral Health Network

Local and nationwide in-person and virtual services for all ages, along with access to a specialized behavioral health network.

Provider Directory

ProvidenceHealthPlan.com/FindAProvider

- Go to the Provider Directory and search using your Member ID number
- Select "Find a care provider"
- Select "Mental Health/Substance Use Disorder"

Care Management & Crisis Support

High Symptom Severity

Behavioral Health Hub

Navigators will help find care at every stage, including support from a crisis-trained team with real-time referrals.

Call **503-574-7500** or **800-878-4445 (TTY: 711)** 8 a.m. to 5 p.m. (Pacific Time), Monday — Friday.

Emergency & Urgent Care Services

- In-patient and residential care
- Partial hospital care

Call or text the **988 Suicide and Crisis Lifeline** if you or someone you know needs immediate crisis care.

Member Perks

Explore additional benefits and programs available to cover every aspect of your life.

One Pass Select™

Discover whole body health in one affordable program. Choose a membership tier that fits your lifestyle and access digital fitness apps, gym memberships, and home grocery delivery services. Start your journey for less than $1 a day.

Travel Assistance®

We've partnered with Assist America Travel Assistance® to provide logistical support for emergency medical needs when you're away from home. Get help with prompt admission to a qualified hospital or replacing prescriptions that have been left behind, and much more.

LifeBalance

LifeBalance gives members and their family discounts on the things they love to do, like going to the movies or taking a vacation. You'll find ways to stay active, reduce stress and save money on thousands of recreational, cultural, well-being, and travel-related purchases.

ID Protection

Assist America protects from the theft of personal data and helps restore its integrity if it is used fraudulently. Store important information in a safe location, and if it's lost or stolen, take advantage of a fast and simple resolution process.

For more information about these benefit offerings, visit ProvidenceHealthPlan.com/Member-Perks.

How do I choose a plan?

Before choosing a health plan for you and your family, there are several things to consider — for instance, how much does the plan cost, how much care will you need, do you have any chronic conditions, and are you currently on any medications? These are just a few important questions to think about when looking for a plan that gives you the right balance between your monthly premium and out-of-pocket costs.

- Choosing the right network is also really important when you consider how to access the healthcare services you need.
- Your network is made up of the providers and facilities that your health plan contracts with.
- Be sure to check that your doctors are covered in your service area.

How to choose the right plan

Gold, Silver, or Bronze, which plan is right for you? There are several things to consider, and it all starts with how much care you and your family expect to need. Depending on the tier you choose, your premium and out-of-pocket costs will vary. But one thing that never changes is the quality of the care you receive.

Here's a quick guide to the different tiers, what they offer, and who they work best for:

Gold

If you go to the doctor or other specialists often, or you expect to need a lot of care (beyond preventive care), consider the Gold tier. The premiums are higher but the out-of-pocket costs are lower.

Silver

The Silver tier offers a great balance between the amount of care you'll need throughout the year and affordable premiums and out-of-pocket costs. It's ideal for people that see their doctors or specialists with some regularity, but not as much as someone on the Gold tier.

Bronze

If you are mostly healthy and don't often need care, the Bronze tier is a good fit. The premiums are the lowest of the metal tiers while the out-of-pocket costs tend to be higher.

Let us help find the right plan for you:

- Online at **ProvidenceHealthPlan.com/ShopWA**
- In-person or over the phone with your insurance agent or broker
- Over the phone with a Providence sales representative by calling **833-949-0271 (TTY: 711)**, 8 a.m. to 5 p.m. (Pacific Time), Monday through Friday

Find a Provider

Customize your provider search in three easy steps.

It's easy to find in-network providers using the online provider directory. Whether you need a primary care provider, specialist, medical home, pharmacy, or facility, you'll find what you're looking for in just a few clicks.

Here's how to search for a provider:

01 **Search**

Visit **ProvidenceHealthPlan.com/FindAProvider** to find a complete list of in-network providers, pharmacies, and facilities

02 **Tailor your search**

Select "Find a care provider," then search by provider type, service, or place

03 **Customize results**

Use the left menu to further customize your search with personal identifiers

Filter results by:

- Provider Type/Specialty
- Language(s) spoken
- Location
- Hospital affiliation
- Gender
- Race and ethnicity
- Personal identity
- LGBTQ+
- Religious community(ies)
- Cultural competency
- Communities of interest

For assistance, call Customer Service at 800-878-4445 (TTY: 711), Monday through Friday, 8 a.m. to 5 p.m. (Pacific Time).

Medical Home

What is a Medical Home?

Think of your medical home as your health hub. It starts with your primary care clinic—but it's much more than a doctor's office. It is a dedicated care team that knows you, supports you, and works together to keep you healthy.

One connected team

Everyone on your care team—your doctor, nurses, and other providers—shares access to your records and care plan, so your care stays personal and seamless.

Coordinated for you

We communicate with specialists, pharmacies, and other providers to make sure your care is efficient, connected, and nothing gets missed.

Care that fits your life

From same-day appointments and telehealth to after-hours care, your medical home is designed for real life—yours.

At Providence, a medical home puts you at the center of your care, literally.

Important to know: With Connect or Choice plans, you select a Medical Home instead of a Primary Care Provider. Once you've chosen your Medical Home, you can see any provider within that group. If you do not select a medical home, one will be selected for you. You can change your medical home whenever and however many times you need to.

Columbia Plans

Highlights of the plan:

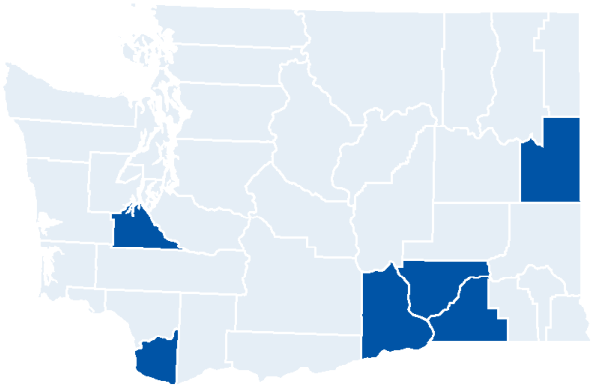
- Chiropractic manipulation, acupuncture and massage therapy are covered in-network.
- Columbia plans do not require specialist referrals.
- Columbia plans use the Choice Network.
- No out-of-network benefits are included with this plan. You must use an in-network provider to receive benefits except for emergency and urgent care services.
- You can see an in-network naturopath provider for covered benefits, including periodic exams and well-baby care.

> **Please visit ProvidenceHealthPlan.com/ShopWA to compare plans, see rates, and enroll.**

The Providence Choice Network

A network of primary care clinics designated as medical homes in these counties:

- Benton
- Clark
- Franklin
- Spokane
- Thurston
- Walla Walla



Columbia plans	Columbia 1500 Gold In-network (No out-of-network benefits)	Columbia 5000 Silver In-network (No out-of-network benefits)	Columbia 9200 Bronze In-network (No out-of-network benefits)
Deductibles			
Annual deductible Individual (1 person)	$1,500	$5,000	$9,200
Annual deductible Family (2 or more people)	$3,000	$10,000	$18,400
Annual out-of-pocket maximum Individual (1 person)	$8,200	$8,900	$9,200
Annual out-of-pocket maximum Family (2 or more people)	$16,400	$17,800	$18,400
After meeting your deductible, you'll pay the following amounts for covered services. The deductible doesn't apply for services marked with a ✓.			
Preventive Care (deductible waived)			
Periodic health exams and well-baby care (from any provider licensed to perform the service)	Covered in full✓	Covered in full✓	Covered in full✓
Maternity prenatal office visits	Covered in full✓	Covered in full✓	Covered in full✓
Annual gynecological exam and Pap test	Covered in full✓	Covered in full✓	Covered in full✓
Mammograms	Covered in full✓	Covered in full✓	Covered in full✓
Colorectal cancer screenings (preventive age 45 and over)	Covered in full✓	Covered in full✓	Covered in full✓
Office Visits for Medical Services (deductible waived)			
Primary care provider (PCP)	$30✓	$45✓	$70✓
ExpressCare Virtual visits	Covered in full✓	Covered in full✓	Covered in full✓
Alternative care provider	$30✓	$45✓	$70✓
Specialist	$50✓	$65✓	$100✓
Hospital Services			
Inpatient hospital services and maternity care	20%	35%	Covered in full*
Emergency and Urgent Care			
Emergency services (all services treated as in-network)	$250 then 20%	$250 then 35%	Covered in full*
Urgent care services (Deductible applies out-of-network)	$50✓	$65✓	$100✓
Diagnostic Services			
X-ray and lab services	20%✓	35%✓	Covered in full*
High tech imaging services (such as PET, CT, MRI)	20%	35%	Covered in full*

Table continues on next page

Columbia plans	Columbia 1500 Gold In-network (No out-of-network benefits)	Columbia 5000 Silver In-network (No out-of-network benefits)	Columbia 9200 Bronze In-network (No out-of-network benefits)
Mental Health and Substance Use Disorder			
Inpatient and residential services	20%	35%	Covered in full*
Outpatient provider visits	$30✓	$45✓	$70✓
Other Covered Services			
Outpatient surgery at an ambulatory surgery center	10%	25%	Covered in full*
Chiropractic manipulation (limited to 10 visits per calendar year)	$30✓	$45✓	$70✓
Acupuncture	$30✓	$45✓	$70✓
Massage therapy (limited to 10 visits per calendar year)	$30✓	$45✓	$70✓
Prescription Drugs			
Tier 1	Covered in full✓	Covered in full✓	Covered in full✓
Tier 2	$10✓	$25✓	$35✓
Tier 3	$50✓	$70✓	Covered in full*
Tier 4	50% up to $200	50% up to $200	Covered in full*
Tier 5	50% up to $300	50% up to $300	Covered in full*
Tier 6	50%	50%	Covered in full*
Insulin Maximum (deductible waived)			
30-day supply	$35✓	$35✓	$35✓
Pediatric Vision Services for members under age 19, one exam per calendar year (deductible waived)			
Routine eye exams	Covered in full✓	Covered in full✓	Covered in full✓
Vision hardware (frames, lenses, contact lenses); limits apply	Covered in full✓	Covered in full✓	Covered in full✓

Purchase a Columbia plan at ProvidenceHealthPlan.com/ShopWA or through your local insurance agent or broker.

Co-insurance is the amount you will pay.

✓Deductible is waived for these services.

*Deductible must be met before this is covered in full.

Abortion is excluded, unless there is a severe threat to the mother, or if the life of the fetus cannot be sustained. Providence has a religious objection to providing this service in other circumstances. However, enrollees in this Plan have coverage for abortion services not covered under this Plan through the Washington Department of Health Family Planning Program. For information on how to receive these services, please contact the Department of Health customer service line at 1-877-501-2233. You are not required to notify or interact with Providence Health Plan in any way concerning such non-covered services.

Washington State Notice of Non-Discrimination

Providence Health Plan ("PHP") complies with applicable Federal and Washington state civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, gender identity or sexual identity. PHP does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, gender identity or sexual orientation.

Providence Health Plan:

Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, contact Member Services at: 1-800-878-4445 (TTY 711)

If you believe that PHP has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, gender identity or sexual orientation, you can file a grievance with:

Civil Rights Coordinator, Manager, Appeals and Grievances
PO Box 4158 Portland, OR 97208-4158
Phone: **1-800-878-4445 (TTY 711),** Fax: **503-574-8757**
Email: **PHPAppealsandGrievances@providence.org**

You can file a grievance by mail, fax, or email. If you need help filing a grievance, Civil Rights Coordinator, Manager, Appeals and Grievances is available to help you.

You can also file a civil rights complaint with The U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at: **https://ocrportal.hhs.gov/ocr/portal/lobby.jsf**,

or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at: http://www.hhs.gov/ocr/office/file/index.html

The Washington State Office of the Insurance Commissioner, electronically through the Office of the Insurance Commissioner Complaint portal available at **https://www.insurance.wa.gov/file-complaint-or-check-your-complaint-status**,

or by phone at: **1-800-562-6900, 360-586-0241 (TDD)**.

Complaint forms are available at: https://fortress.wa.gov/oic/onlineservices/cc/pub/complaintinformation.aspx

Notice of Availability of Language Assistance Services and Auxiliary Aids and Services

English

ATTENTION: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-800-878-4445 (TTY: 711) or speak to your provider.

Español (Spanish)

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al 1-800-878-4445 (TTY: 711)o hable con su proveedor.

中文 (Simplified Chinese)

注意：如果您说 中文，我们将免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服务，以无障碍格式提供信息。致电 1-800-878-4445 文本电话：711）或咨询您的服务提供商。

中文 (Traditional Chinese)

注意：如果您說 中文，我們可以為您提供免費語言協助服務。也可以免費提供適當的輔助工具與服務，以無障礙格式提供資訊。請致電 1-800-878-4445 （TTY：711）或與您的提供者討論。

Việt (Vietnamese)

LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ. Các hỗ trợ dịch vụ phù hợp để cung cấp thông tin theo các định dạng dễ tiếp cận cũng được cung cấp miễn phí. Vui lòng gọi theo số 1-800-878-4445 (Người khuyết tật: 711) hoặc trao đổi với người cung cấp dịch vụ của bạn."

РУССКИЙ (Russian)

ВНИМАНИЕ: Если вы говорите на русский, вам доступны бесплатные услуги языковой поддержки. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 1-800-878-4445 (TTY: 711) или обратитесь к своему поставщику услуг.

Deutsch (German)

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistenzdienste zur Verfügung. Entsprechende Hilfsmittel und Dienste zur Bereitstellung von Informationen in barrierefreien Formaten stehen ebenfalls kostenlos zur Verfügung. Rufen Sie 1-800-878-4445 (TTY: 711)an oder sprechen Sie mit Ihrem Provider."

Français (French)

ATTENTION : Si vous parlez Français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 1-800-878-4445 (TTY : 711) ou parlez à votre fournisseur.

ProvidenceHealthPlan.com/Non-Discrimination-and-Communication-Assistance

Tagalog (Filipino)

PAALALA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyong tulong sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 1-800-878-4445 (TTY: 711)o makipag-usap sa iyong provider."

日本語 (Japanese)

注：日本語を話される場合、無料の言語支援サービスをご利用いただけます。アクセシブル（誰もが利用できるよう配慮された）な形式で情報を提供するための適切な補助支援やサービスも無料でご利用いただけます。1-800-878-4445（TTY：711）までお電話ください。または、ご利用の事業者にご相談ください。

한국어 (Korean)

주의: 한국어를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. 1-800-878-4445 (TTY: 711)번으로 전화하거나 서비스 제공업체에 문의하십시오.

العربية (Arabic)

تنبيه: إذا كنت تتحدث اللغة العربية، فتتوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر وسائل مساعدة وخدمات مساندة لتوفير المعلومات بصيغات يمكن الوصول إليها مجانًا. اتصل على الرقم 1-800-878-4445 (711) أو تحدث إلى مقدم الخدمة."

हिंदी (Hindi)

ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपके लिए निःशुल्क भाषा सहायता सेवाएं उपलब्ध होती हैं। सुलभ प्रारूपों में जानकारी प्रदान करने के लिए उपयुक्त सहायक साधन और सेवाएँ भी निःशुल्क उपलब्ध हैं। 1-800-878-4445 (TTY: 711)पर कॉल करें या अपने प्रदाता से बात करें।"

فارسی (Farsi)

توجه: اگر فارسی صحبت می‌کنید، خدمات پشتیبانی زبانی رایگان در دسترس شما قرار دارد. همچنین کمک‌ها و خدمات پشتیبانی مناسب برای ارائه اطلاعات در قالب‌های قابل دسترس، به‌طور رایگان موجود می‌باشند. با شماره 1-800-878-4445(تلفن‌بر: 711) تماس بگیرید یا با ارائه‌دهنده خود صحبت کنید.

ភាសាខ្មែរ (Khmer)

សូមយកចិត្តទុកដាក់: ប្រសិនបើអ្នកនិយាយ *ភាសាខ្មែរ* សេវាកម្មជំនួយភាសាឥតគិតថ្លៃមានសម្រាប់អ្នក។ ជំនួយ និងសេវាកម្មបំពេញបន្ថែមសមរម្ម ក្នុងការផ្តល់ព័ត៌មានតាមទម្រង់ដែលអាចចូលប្រើប្រាស់បានក៏អាចសម្រេចបានដោយឥតគិតថ្លៃដែរ។ ហៅទូរស្សព្ទទៅ 1-800-878-4445 (TTY: 711)ឬនិយាយទៅកាន់អ្នកផ្តល់សេវារបស់អ្នក។"

Português do Brasil (Brasilian Portugese)

ATENÇÃO: Se você fala Português, serviços gratuitos de assistência linguística estão disponíveis para você. Auxílios e serviços auxiliares apropriados para fornecer informações em formatos acessíveis também estão disponíveis gratuitamente. Ligue para 1-800-878-4445 (TTY: 711) ou fale com seu provedor."

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