

Hello from your Providence Health Management Team

Welcome to Providence Health Plan! It's nice to meet you.

Ensuring the well-being of the community means everything - to all of us. Your Health Management team is here to help you accomplish your goals and build a relationship grounded in trust and support. We're excited to introduce you to your **Sr. Health & Wellness Manager, Michael.**



Hi there, I'm

**Michael
Severson**

Sr. Health & Wellness Manager

I've been with Providence since: August 2013

I have a passion for healthcare because: Healthcare is extremely rewarding because it's important to show my son the value of dignity and compassion. Stepping into someone's life - when they are most vulnerable - and having the opportunity to make a difference is an incredible privilege.

My education/background: I have a bachelor's degree in Health and Human Performance, and I've been a certified fitness trainer through the American Council on Exercise for the past 24 years.

I love my job, but here's a bit more about me.

If it's the weekend: Rain or shine - you will find me outside. It could be out on a family adventure, maintaining the yard or just hanging out at the park. The goal is to get as far away from a computer as possible.

Fun fact about me: Whether swimming laps at the pool, canoeing the Tualatin River, wading into the frigid Pacific Ocean on the Oregon Coast or lounging in the warm waters of Hawaii - my family's happy place is near any body of water.

Thanks for the opportunity to partner with you. I look forward to getting to know you better, supporting your goals and helping the community discover True Health together.

Michael Severson

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For more than 160 years, Providence has aligned under a common purpose: to bring True Health to each and every member of the community. True Health is commitment to caring for the whole self: mind, body and spirit. The concept is rooted in the idea that the healthier each of us are, the healthier we all are.

We all deserve True Health.