

Hello from your Providence Health Coaching team

Welcome to Providence Health Plan! It's nice to meet you.

Ensuring the well-being of the community means everything - to all of us. Your Health Coaching team is here to help you accomplish your goals and build a relationship grounded in trust and support. We're excited to introduce you to your **Sr. Health Engagement Coordinator, Janea**.



Hi there, I'm

**Janea
Loper**

Sr. Health Engagement
Coordinator

I've been with Providence since: May 2012

My health coaching philosophy: We all have our own version of what healthy looks like. We should not compare our health journey to another. Being conscientious of our health needs is the first step in the right direction. Every day is a new chance to realize our healthier self.

My education/background: I am a certified medical assistant and certified Health and Wellness coach with a Bachelor of Science in Business Administration, General Management.

I love my job, but here's a bit more about me.

If it's the weekend: I'm on the track (when the weather permits) or hanging out with family & friends.

Fun fact about me: I like to write fiction.

Thank you for the opportunity to partner with you. I look forward to getting to know you better and supporting your goals - because everyone's well-being matters.

Janea Loper

(503) 574-5792 | janea.loper@providence.org

Health For All

We are committed to working alongside the communities we serve, learning about unique healthcare challenges, and creating tangible solutions to make healthcare more equitable and accessible.