

Eating nutritious food can make a difference in your health, whether recovering from an illness or injury, managing a health condition, or just looking to stay fit.

Mom's Meals® provides medically tailored, refrigerated meals direct to your home to support your nutritional needs.



Refrigerated - Meals last in the refrigerator for up to 14 days from delivery



Medically Tailored - Supports the needs of most common chronic conditions and overall well-being



Choice of Every Meal, Every Delivery



Delivery to Any Address* - No matter how remote



Compassionate Customer Service

3 Easy Steps

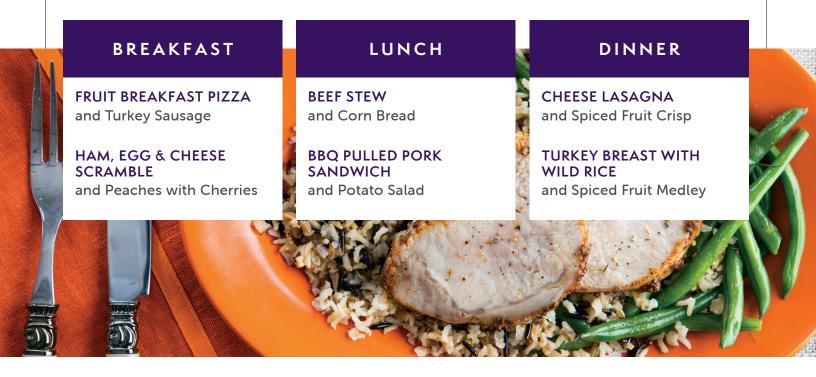
- Place your order online at momsmeals.com/ProvMS or call 877.347.3438
 Promo code: **ProvMS**
- Refrigerated meals are delivered to your home
- Heat, eat and ENJOY...
 meals are ready in minutes

Discounted prices through Providence:

- \$7.99 per meal (\$8.99 for gluten free, pureed and renal)
- 10, 14 and 21 meal coolers available
- Shipping included (\$14.95 savings on every order)

Sample Menu

Your well-being is important to us. Meal by meal, bite by bite, we are with you to provide the nutrition you need.



The Right Nutrition

Menus tailored to meet the needs of most major health conditions.



General Wellness

Gluten Free

Heart Friendly

Lower Sodium

Protein+

Pureed

Renal Friendly

Vegetarian

Mom's Meals continues
to help me heal. After
my surgery, I was told to
stay off my feet. Thanks
to the ease of your meals,
I have been able to do so.
I LOVE IT!

- Happy Customer



